

SIZE GUIDE BIG

Below figures are NOT garment measures, BUT body measures.

T-SHIRTS, SWEATSHIRTS, KNITWEAR & JACKETS

Measure chest tight under arms with arms down.

CHEST IN CM	104 - 110	112 - 118	120 - 126	128 - 134	136 - 142	144 - 150	152 - 158	160 - 166	168 - 174
SIZE	L	XL	2XL	3XL	4XL	5XL	6XL	7XL	8XL

SHIRTS

Measure neck loose with space for two fingers or measure chest tight under arms with arms down.

SIZE	L	XL	2XL	3XL	4XL	5XL	6XL	7XL	8XL
CHEST IN CM	104 - 110	112 - 118	120 - 126	128 - 134	136 - 142	144 - 150	152 - 158	160 - 166	168 - 174
NECK IN CM	41 - 42	43 - 44	45 - 46	47 - 48	49 - 50	51 - 52	53 - 54	55 - 56	57 - 58
NECK IN INCHES	17"	17,5"	18"	19"	19,5"	20,5"	21,5"	22"	23"



TROUSERS, JEANS, SHORTS, ZIP-OFF ETC.

Measure tight around the waist, without belt.

SIZE	L	XL	XL	2XL	2XL
WAIST IN CM	90 - 95	95 - 100	100 - 105	105 - 110	110 - 115
WAIST IN INCHES	36"	38"	40"	42"	44"

SIZE	3XL	3XL	4XL	4XL
WAIST IN CM	115 - 120	120 - 125	125 - 130	130 - 135
WAIST IN INCHES	46"	48"	50"	52"

SIZE	5XL	5XL	6XL	6XL
WAIST IN CM	135 - 140	140 - 145	145 - 150	150 - 155
WAIST IN INCHES	54"	56"	58"	60"

SIZE	7XL	7XL	8XL	8XL	8XL
WAIST IN CM	155 - 160	160 - 165	165 - 170	170 - 175	175 - 180
WAIST IN INCHES	62"	64"	66"	68"	70"

SIZE GUIDE TALL

Below figures are NOT garment measures, BUT body measures.

T-SHIRTS, SHIRTS, SWEATSHIRTS, KNITWEAR & JACKETS

Measure chest tight under arms with arms down.

CHEST IN CM	88 - 94	96 - 100	102 - 106	108 - 114	116 - 122	124 - 130	132 - 138	140 - 146	148 - 154
SIZE	ST	MT	LT	XLT	2XLT	3XLT	4XLT	5XLT	6XLT

PANTS, JEANS, SHORTS, ZIP-OFF ETC. WITH ELASTIC WAIST

Measure tight around the waist, without belt.

SIZE	MT	LT	XLT	2XLT	3XLT	4XLT	5XLT	6XLT	6XLT
WAIST IN CM	90 - 95	95 - 100	100 - 105	105 - 110	115 - 120	115 - 120	120 - 125	125 - 130	130 - 135
WAIST IN INCHES	36"	38"	40"	42"	44"	46"	48"	50"	52"

PANTS, JEANS, SHORTS, ZIP-OFF ETC. WITH NON-ELASTIC WAIST

Measure tight around the waist, without belt and follow the indicated measure in cm or inches.

WAIST IN INCHES	34"	36"	38"	40"	42"	44"	46"	48"	50"	52"
WAIST IN CM	86	92	97	102	107	112	117	122	127	132
INSEAM	39" 99cm	39" 99cm	39" 99cm	39" 99cm	39" 99cm	39" 99cm	39" 99cm	39" 99cm	39" 99cm	39" 99cm

